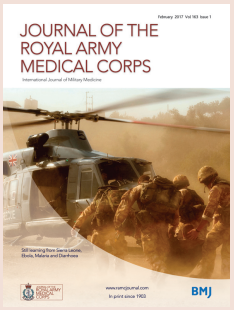

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Cover image: A simulated casualty is rushed to a rescue helicopter during a training exercise for 51 Squadron Royal Air Force Regiment at Paramali Village training area, Cyprus in 2009.

The training exercise was part of preparations for the Squadron ahead of their 6 month tour to Afghanistan in 2010.

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