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This apparatus is found to be of great service both to the laboratory and the ward. It minimizes the risks of contamination, and it saves the ward personnel the time and trouble which are apparently inseparable from the operation of sterilizing a syringe in a military hospital.

I wish to thank Assistant-Surgeon A. J. DeMonte, I.M.D., for many valuable suggestions and much practical help in making up and testing this apparatus.

A LABORATORY TIP.
BY CORPORAL C. SAPHRA.
Royal Army Medical Corps.

Laboratory assistants know that when carrying out the usual method recommended for the filtration of agar media, namely, first through cotton wool, and then through filter paper, a good deal of time is taken, and an appreciable quantity of the material wasted.

Instead of the cotton wool and filter paper I have been using a double thickness of ordinary white lint as a filter medium, the smooth side being next the glass funnel. The results have been found satisfactory in practice, a perfectly clear agar being obtained with a single filtration, during which very little is lost, so that there is a saving of both time and material.

Travel.

SOME PICTURESQUE PLACES IN SOUTHERN INDIA.
BY MRS. H. V. BAGSHAWE.

PART I.

During the two years we were stationed in the Nilgiri Hills we made many interesting excursions into the adjoining districts, two of which I shall now describe.

In October, 1926, a friend and I went to the Dusserah at Mysore (the Durga Poojah of Bengal and other North Country Provinces). We left Wellington by car at 6 a.m., arriving at Mysore six hours later. Our route lay up over the Ooty downs and then down the Gudalar ghat (hill) at the eastern end of the Nilgiris; going down this ghat one obtains a fine view of the Wynnaad tableland with the immense bamboo forests in the Moyar River valley immediately below. The village of Gudalur is situated on the side of the hill, amongst picturesque coffee and tea estates. About two miles beyond the village one enters the forest (commonly called the Mysore ditch) and for the next twenty miles the road twists and turns through