

One can shoot for the whole or for half a day, and I much prefer the latter, starting at, say, 10.30, and shooting from 11 to 3.30, and then back to a bath, afternoon tea and tennis, or a row on the moat before dinner. An ordinary shot will be generally able to pick up from twenty to thirty couple in this time, with a few quail or golden plover, and perhaps a duck or teal. This I call a pleasant day; but the "whole day shoot" requires a lot of hard labour, and tells heavily on those of us who have attained "exalted rank" and perhaps a wee bit of a "corporation." As regards drink, cold tea without milk and sugar suits me best. Each gun should have two beaters, one on either side, who carry 100 cartridges or so to begin with, and a snipe stick which should hold at least twenty couple. The beaters expect 8 annas each, and I generally used to pay more for bags over fifty couple, as it is an inducement to them to mark the birds carefully when they fall. The best bag for two guns I had was 123 couple, but I shot disgracefully that day, my partner killing seventy-four couple to my forty-nine. I shall be very glad to send a list of the half and whole day shoots round Mandalay to any of my brother officers stationed there.

Echoes from the Past.

"THE MILITARY MEDLEY. CONTAINING THE MOST
NECESSARY RULES AND DIRECTIONS FOR ATTAIN-
ING A COMPLETE KNOWLEDGE OF THE ART.

"BY THOMAS SYMES, Esq.

"Captain in the Queen's Royal Regiment of Foot, 1768."

[Lieutenant-Colonel A. R. Aldridge, R.A.M.C., sends the following extracts from an old book with the above title in his possession. It will be noticed that in places the orthography and punctuation are quaint, but these, Colonel Aldridge informs us, are in the original, and are not mistakes in copying.—Ed.]

*Regulations and Orders, very proper to be given by the Colonel of a
Regiment of Foot, to be strictly observed by Officers, Non-com-
missioned Officers, and private Men, as Standing Orders.*

A CAPTAIN of a company to have a watchful eye over the behaviour of his private men; that when a knot falls he may be able to recommend the deserving for it.

An Infirmary-board to sit the first Monday in every Month composed of three Captains, to examine into the state of the infirmary.

The Commanding-officer must be strict in putting in execution the Articles of War against swearing; the penalty for which is one shilling, beside further punishment for the second offence.

A place to be provided, free from damp, to be as dark and dismal as possible, where clean dry straw is to be put every week; which place is to be called A Black Hole, where soldiers for offences are to be sent.

The complement of necessaries to be furnished each soldier.

Three shirts, two white stocks or rollers, one black hair stock, one pair of brass clasps for ditto, three pair of white yarn stockings, two pair of shoes, one pair of white linen gaiters, one pair of black gaiters, one pair of black tops for ditto, one pair of linen drawers, one pair of red skirt breeches, one red cap, one cockade, one knapsack, one haversack, one pair of shoe-buckles, one pair of garter buckles, and black leather garters, one oil bottle, one brush and picker, one worm, one turn-key, one hammer-cap, one stopper.

Form of a Regimental Court Martial.

* * * * *

Sentence.—The court having duly considered the evidence for and against the prisoner, are of opinion that he is guilty of a breach of the . . . article of the . . . section of the Articles of War; and do sentence him to receive . . . lashes with a cat-and-nine-tails on his bare back.

A. B., Capt. and President.

If the delinquent is to be drummed out of the regiment, it is proper to annex, That it is the further opinion of the court, that the prisoner G. H. is, and he is hereby adjudged, unfit to have the honour of being a soldier; and, therefore, do order, that he shall be drummed out of the regiment with a halter hung about his neck, and a label pinned on his breast and back, upon which is to be wrote in large characters, the crime for which he is brought to public infamy.

The regiment intire to have two field days a week, and to have the manœuvre often varied; which will improve and direct Officers, instead of tiring their patience with repetitions of the manual exercise. The Officers to be in regimental frock suits, and boots, their hair queued, buff-coloured gloves, with sash, gorget, espantoon

or fusee, whichever is the appointment of the regiment; the Non-commissioned Officers and private men, to have their hair well platted, and tucked under their caps and hats, to be fully accoutred, and in black spatterdashes with black tops.

The Surgeon to keep a book, in which shall be entered, every man's name, with his distemper, specifying whether he be sent to the regimental or other infirmary, and the day when.

The Surgeon and his Mate to visit the infirmary every morning, and as often as occasion may require; and every Saturday to make a return of the sick, wherein he is to insert every man's name, company he belongs to, and his disorder.

The Surgeon to lay a state of the expenses of the infirmary, and all other matters relating to it, before the Infirmary Board, the first Monday in every month, for their inspection.

When the regiment is under arms for exercise, the Surgeon, or his Mate, is to sign a return of the sick and lame of each company, which is to be given in with the field return.

The Surgeon or his Mate to attend at all times, when the regiment is under arms, morning and evening roll calls; and to be present at all punishments, to judge whether the delinquent has received a sufficient number of lashes for that time, that no punishment may extend to life or limb.

No recruit to be dismissed his drill, till he is so expert with his fire-lock, as to load and fire fifteen times in three minutes and three quarters.

The Paymaster-serjeant of each company, to keep a wig by him, which will dress in the regimental form, lest any man should lose his hair by sickness.

Return of the sick, &c of.....company	
morning	17
<hr/>	
Lame in quarters, A. B. Sergeant.....	1
Ditto in barracks, C. D. Corporal.....	1
Sick in infirmary, E. F. drummer	1
Sick in hospital, G. H. fifer	1
	<hr/>
	Total 4
	<hr/>
To	
The Surgeon	J. K. Corporal.

The Corporals always to have a brush on the parade, that the soldiers cloathes may be clean brushed.

The Non-Commissioned Officers and soldiers when they meet an Officer either of the army or navy, in his Majesty' service, shall stand still at the distance of five yards, till he passes them ; at the same time pulling off their hats with the left hand, without bowing their bodies, and letting their left hands fall to the extent of the arm, to be careful of their carriage that they may not contract an un-soldier-like air.

All men are to retire to their barracks or quarters, whenever there is any mob, bull-beating, or foot-ball matches, on pain of being confined for disobedience of orders.

*Recruiting instructions for A.B. of the Regiment
of Foot, commanded by . . . the . . . Day of . . 17 . .*

(1) You are to inlist no man who is not a Protestant and a native of Great Britain; if any Irishman, or foreigner, through mistake, should happen to be approved of, and, within three months after joining the regiment, shall be discovered to be so, he will be discharged at your loss.

(2) You must inlist no man under the size of five feet.....without shoes, or who has not straight limbs, broad shoulders, a good face, and is every way well made. You must inlist no man who cannot wear his hair, who is thin, or who has the least defect in his knees.

Regulations and Orders for a Regimental Infirmary.

Every soldier when taken sick, must be sent to the infirmary; a portable chair to be in readiness, and to be kept at the main-guard, to carry the sick men, if they are very ill; if they are not very ill, a Corporal and two men must assist the sick men to the infirmary. The orderly Corporal must bring the pay with the sick men; and he is to take care that the patient has a cap and shirt, and to search him, that he may not bring into the infirmary, money, cards, dice, spirits, or tobacco. If the sick man's mess is put in, his mess-mates must allow him his proportion in money, for the remainder of the week. s. d. per week is to be the infirmary allowance. A serjeant or Corporal of the companies, who have any men in the regimental infirmary, are ordered to carry their linen every and on which last day they must bring their subsistence, and pay it to the Serjeant attending the infirmary. . Any soldier

when a patient in the infirmary, who does not submit to the rules of the house, and directions of the doctor, is to be sent to the black-hole for twenty four hours, as soon as his cure is perfected. The Serjeant attending the infirmary must keep an exact account of the pay of each ward, oversee it being paid out by the nurse, according to the doctor's directions, and close the account every half week, that any man who is discharged on . . . may have his overplus divided when he is dismissed. Every man discharged the infirmary must be duty free for three days or more, at the discretion of the Surgeon. If any of the nurses husbands are taken ill, such nurses must be dismissed, or her pay discontinued till the recovery of her husband.

REGULATIONS OF DIET FOR THE INFIRMARY.

Day of the week	Meals	Full diet	Half diet
Sunday and Thursday	Breakfast, Dinner, Supper	A pint of water-gruel. Eight ounces of boiled beef. One pint of broth.	A pint of water-gruel. Four ounces of beef and a pint of broth. A pint of broth.
Tuesday and Saturday	Breakfast, Dinner, Supper,	A pint of water-gruel. Eight ounces of boiled mutton. A pint of broth.	A pint of water-gruel. Four ounces of mutton and a pint of broth. A pint of broth.
Monday	Breakfast, Dinner, Supper,	A pint of water-gruel. A pint of rice milk. Two ounces of cheese, or one of butter.	A pint of water-gruel. A pint of rice milk. A pint of water-gruel.
Wednesday	Breakfast, Dinner, Supper,	A pint of water-gruel. Twelve ounces of pudding. Two ounces of cheese, or one of butter.	A pint of water-gruel. Six ounces of pudding. A pint of water-gruel.
Friday	Breakfast, Dinner, Supper,	A pint of water-gruel. A pint of barley-gruel. Two ounces of cheese, or one of butter.	A pint of water-gruel. A pint of barley-gruel. A pint of water-gruel.

N.B.—The men on full diet have a pound of bread and a pint of small beer every day. The men on half diet have half a pound of bread and a pint of small beer every day.

Copied from Bland's Discipline.

The same spirit that brings us into the Army should make us apply ourselves to the military art, the common forms of which may be easily attained by a moderate application, as well as capacity; neither is it below any military man, let his birth be

ever so noble, to be knowing in the minute parts of the service. It will not cramp his genius, as some have been pleased to say, in order, as I suppose, to excuse their own ignorance; but rather aid and assist it in great and daring enterprises.

Our late Monarch, the glorious King William, whose military capacity was second to none, was perfectly knowing in the small as well as the grand detail of an army. In visiting the out-posts he would frequently condescend to place the centinels himself, and instruct the officers how to do it.

Instructions drawn up by the late Major general James Wolf, for the twentieth regiment of Foot, then lying at Canterbury, in case of the French landing in 1755.

A soldier that takes his musket off his shoulder, and pretends to begin the battle without orders, will be put to death that instant.

A soldier that quits his rank, or offers to fly, is to be instantly put to death by the Officer who commands the platoon, or by the Officer or Serjeant in rear of the platoon.

If a Non-commissioned Officer, or private man is missing after an action, and joins his company afterwards unhurt, he will be reputed a coward and fugitive, and will be tried for his life.

Scheme of an Ensign's constant expenses.

	By a day	By 52 weeks.
Breakfast	0 0 6	9 2 0
Dinner	0 1 0	18 4 0
Wine and beer	0 0 6	9 2 0
Four shirts, 4 stocks, and 4 handkerchiefs a week ..	0 0 2	3 0 8
Four pair of stockings, and two night caps a week ..	0 0 1	1 10 4
Hair powder, pomatum, soap, blackball, pens, paper, ink, wax and wafers	0 0 2	3 0 8
Soldier to dress your hair, shave you &c	0 0 1	2 12 0
Total	0 2 6	46 11 8
Your subsistence	54 15 0
Balance	8 3 4
Yearly arrears	7 14 3
Total balance	15 17 7

In barracks there will be an additional expense for washing of bed-curtains, sheets, pillow-cases, and towels. From hence you see how necessary it is for you to be an economist, and what a small balance you have to support the character of an Officer; and that upon a supposition of the arrears being paid yearly.

I must also beg leave to remark, that the present pay of an Ensign was established near a century ago, and, at that time, was worth thrice its present value.

American Weekly Allowance of Provisions for one Person.

Seven pounds of bread or flour.
Seven pounds of beef or pork.
Half a pound of rice.
Three pounds of peas; and
Six ounces of butter.

Method of going and receiving the Rounds in a Garrison.

When the Town-major goes his rounds, he comes to the main-guard and demands a Serjeant and four men to escort him to the next guard; and one of the men is to carry a lanthorn. He may go first to which gate he pleases; whereas all the other rounds, except the Governor's or Commandant's, are to go according to the method prescribed them. As soon as the centinel at the guard-room perceives the round coming, he should give notice to the guard, that they may be ready to turn out. When the round comes within twenty paces of the guard, he is to challenge; and, when he is answered by the Serjeant who attends the Town-major's round, he is to say, "Stand round"; after which he is to call out immediately, "Serjeant, turn out your guard, Town-major's round." No round is to advance after the centinel has challenged and ordered them to stand. Upon the centinel's calling, the Serjeant is to turn out the guard immediately, with shouldered arms and the Officer to post himself at the head of it. After this he is to order the Serjeant, and four men to advance towards the round, and challenge. When the Serjeant of the guard comes within six paces of the Serjeant who escorted the round, he is to halt and challenge briskly: the Serjeant of the escort answering, "Town-major's round"; he replies, "Advance Serjeant with the parole"; and then orders his men to rest their firelocks. The Serjeant of the escort advancing alone, gives the Serjeant of the guard the parole in his ear; and while he is giving it the Serjeant of the guard holds the spear of his halbert to the breast of the latter. He then orders the Serjeant to return to his escort; and leaving the men he brought with him to keep the round from advancing, goes to his Officer and gives him the parole he received from the Serjeant. The Officer finding the parole to be right, orders his Serjeant to return to his men, and says "Advance Town-major's round—rest your firelocks"; upon which the Serjeant of the guard orders his men to wheel back from the center and make

Echoes from the Past

a lane, through which the round is to pass. The escort remaining where they were, he goes up to the Officer and laying his mouth to his ear, gives him the parole, the Officer holding the spear of his espoutoon at the Town-major's breast while he gives it.

An estimate of the Funeral expenses of a Soldier, as near as may be.

	<i>s</i>	<i>d</i>
To the parson	2	0
To the Sexton	1	0
To the Grave digger	1	0
For the pall.. .. .	1	0
For a coffin	7	0
Total ..	12	0

STATE OF BRITISH HALF-PAY.

	Horse	Dragn	Foot
Colonel } and Captains per day ..	13 6	13 0	12 0
Lt. Col }	12 0	10 0	8 6
Major }	11 6	8 0	7 6
Captain	7 0	5 6	5 0
Lieutenant	5 0	3 0	2 4
Cornet, Ensign & 2nd Lt Mar	4 6	2 6	1 10
Quarter-master	3 0	2 0	2 0
Adjutant	2 0	2 0	2 0
Surgeon	2 0	2 0	2 0
Chaplain	3 4	3 4	3 4
Physician Hosp. } Forces {		10s	
Apothecary }		5	
Dep. Commissar. }		5	

Widow's pensions

	Per annum
Colonel's	50l
Lieutenant Colonel's	40
Major's	30
Captain's	26
Lieutenant's	20
Ensign, Cornet, Adjutant, Quarter-master } ..	16
Surgeon, Chaplain. }	

Form of a beating order.

G. R.

These are to authorise you, by beat of drum or otherwise, to raise so many volunteers in any county or part of our kingdom of Great Britain, as are or shall be wanting to recruit and fill up the respective companies of our regiment of foot, under your command, to the number allowed upon the full establishment.

The speech.

To all aspiring heroes bold, who have spirits above slavery and trade, and inclinations to become gentlemen, by bearing arms in

his Majesty's regiment, commanded by the magnanimous let them repair to the drumhead (tow row dow) where each gentleman volunteer shall be kindly and honourably entertained, and enter into present pay and good quarters: besides which, gentlemen, for your further and better encouragement you shall receive one guinea advance; a crown to drink His Majesty King George's health; and when you come to join your respective regiment, shall have new hats, caps, arms, cloaths, and accoutrements, and everything that is necessary and fitting to complete a gentleman soldier.

God save their Majesties, and success to their arms.

Huzza Huzza Huzza.

Calculation of Expenses which a Recruit must necessarily be at for the first year.

	l	s	d
Two shirts	0	10	0
Two white stocks or rollers	0	1	0
A black frock	0	0	6
A stock buckle, or pair of clasps	0	0	5
Two pair of stockings.. .. .	0	4	0
One pair of strong shoes	0	4	8
One pair of white linen spatterdashes	0	2	3
Two pair of black spatterdashes	0	3	2
One pair of black tops	0	0	7
One pair of ticking drawers	0	2	2
One pair of leather garters	0	0	4
Proportion of watch coat about	0	1	0
A cocade	0	0	6
A knapsack and sling	0	2	6
A haversack	0	1	0
An oil bottle and oil for his arms	0	0	7
A brush and picker	0	0	2
A worm and screw-key	0	0	4
A hammer cap and stopper	0	0	3
Shoe and garter buckles	0	1	0
For shaving and hair powder	0	3	0
Washing and cooking	0	19	0
Combs for his hair	0	0	6
Unavoidable extraordinaries on the march	0	6	0
Deduction for the Surgeon	0	4	4
Total	3	9	3
Subsistence for 52 weeks.. .. .	9	2	0
Total subsistence in all	5	12	9

