

of little value and might well have been replaced by the functions of the main muscle groups only. Errors in the action of the sterno mastoid and the insertion of the quadriceps require correction.

The sections on major injuries are adequate and of undoubted interest to the layman but to the athlete the trivial injury prior to some event is of more importance. The trainer's work in preventing co-ordinate action and maintaining performance in these cases has been overlooked.

Attempting to cover such a vast field this book lays itself open to criticism but it is a worth-while attempt to introduce the part-time trainer to his subject and stimulate him to further reading.

J. M. M.

Obituary

Major WILLIAM SYLVESTER CROSTHWAIT

In Brighton on September 11, 1950, Major William Sylvester Crosthwait, Royal Army Medical Corps, Retired. Born March 24, 1873, he took the L.R.C.P. and S.I. in 1893 and having served as a Civil Surgeon from November 21, 1899, till April 12, 1900, he was commissioned Lieutenant R.A.M.C. June 21, 1900. Promoted Captain June 21, 1903, and Major June 21, 1912, he retired February 2, 1922. He held the R.P. appointment at Ipswich from February 4, 1922, till transferred to Brighton, January 13, 1923. He ceased to be employed November 30, 1928.

He took part in the operations in Cape Colony in 1902, being awarded the Queen's Medal with two Clasps.

He served in Egypt in June and July 1915, in Gallipoli from July 1915 until January 1916, in the Persian Gulf in 1916, and then in Salonika until 1917, and in France and Belgium from February 12, 1917, till January 1, 1920. Mentioned in despatches (*L.G.* September 6, 1918) for valuable services on the occasion of the sinking by the enemy of Hospital Ships, he received the 1914-15 Star, British War and Victory Medals.

Colonel JAMES EDWARD SWYER

In London on September 21, 1950, Colonel James Edward Swyer, late Royal Army Medical Corps, Officer in Charge of the Army School of X-rays and Adviser in Radiology to the Army. Born June 14, 1901, he took the M.R.C.S. England and the L.R.C.P. London in 1925, and the D.M.R. England in 1937.

Appointed Lieutenant March 14, 1928, he was promoted Captain September

14, 1930, Major March 14, 1937, Lieut.-Colonel March 1, 1947 and Colonel March 28, 1950.

He became a Prisoner of War on the fall of Hong Kong and returned to England October 31, 1945. He was in possession of the 1939-45 and Pacific Stars and the Defence and War Medals.

Colonel Swyer is survived by his wife and two children to whom our heartfelt sympathy and sorrow are extended.

Colonel W. A. D. Drummond, late R.A.M.C., Commandant, Q.A. Military Hospital, Millbank, writes:

With his death the Corps has lost a kindly and tolerant officer whose main concern was for his patients, students and staff. Although reticent by nature, he had a strong sense of humour, which with his frank manner gained for him the confidence and loyalty of all around.

Swyer was a generous host, and on entering his house one was immediately aware of a friendly and considerate atmosphere. It was very evident that his family and home meant a great deal to him.

His creative instincts found expression in the planning of his garden in which he would work untiringly with the skill of an accomplished artist to mould the lawns and flower beds into a natural landscape.

To be associated with Colonel Swyer was a privilege and those of us who enjoyed it feel the loss of a friend and comrade.

Colonel BERTRAM CECIL OWEN SHERIDAN, M.C., M.B.

In Fleet on October 22, 1950, Colonel Bertram Cecil Owen Sheridan, M.C., M.B., late R.A.M.C., Retired. Born December 24, 1889, he took the M.A., M.B. Dublin in 1914 and was commissioned Lieutenant Royal Army Medical Corps, SR. August 6, 1914, being mobilized November 11, the same year. Promoted Captain May 11, 1915, he was appointed to a regular commission May 1, 1919.

He was Adjutant in 42 (East Lancashire) Division T.A. from April 29, 1926, till March 3, 1929. Promoted Major November 11, 1926, and Lieutenant-Colonel, July 15, 1939, he retired with hon. rank of Colonel, August 30, 1947.

He served in France from December 15, 1914, till the end of the war, being awarded the M.C. (L.G., May 26, 1917) for conspicuous gallantry and devotion to duty. He tended the wounded continuously for twelve hours under very heavy fire, setting a splendid example of courage and devotion. Mentioned in despatches (L.G., January 4, 1917), he was also awarded the 1914-15 Star, British War and Victory Medals.

He again saw service on the North-West Frontier in the campaigns in Waziristan and in the Mahsud country, between 1919 and 1924, receiving the Medal with three clasps and a mention in despatches (L.G., May 30, 1924).

He received a further Clasp for the campaign in Burma 1930-32.

On the outbreak of war in 1939 he was stationed in Mauritius, where he remained till June, 1940. He took part in the operations in Madagascar, May to December, 1942, served in Egypt, Palestine and Lebanon in 1942 and 1943, and in Iraq in 1943 to 1945.